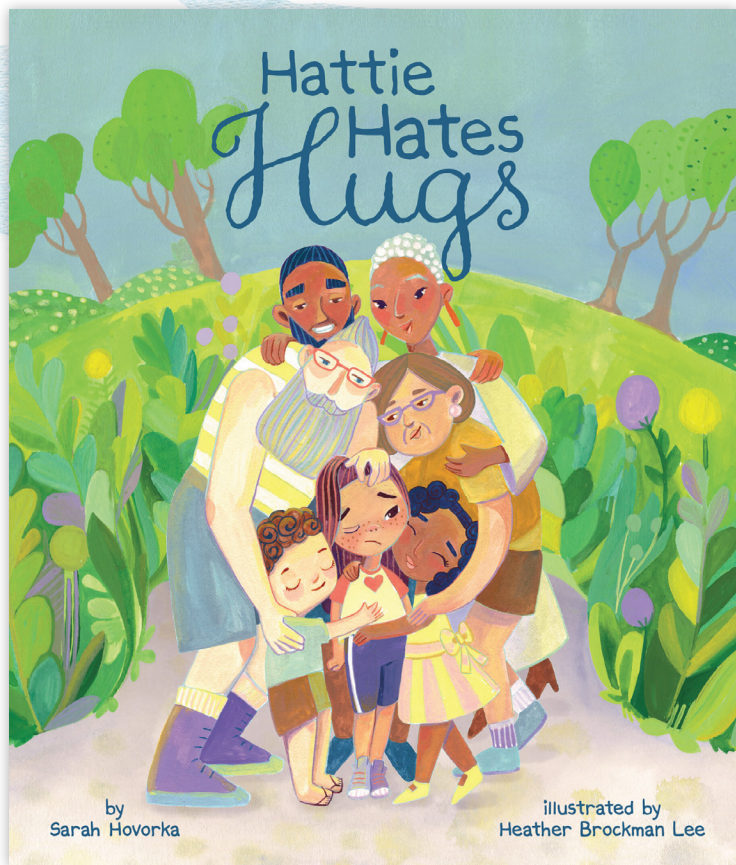


Meet Hattie, an ordinary girl who doesn't like hugs, in this fun story designed to spark discussions about bodily autonomy and consent.



Hattie Hates Hugs

By Sarah Hovorka
Illustrated by Heather Brockman Lee

Hattie loves her family, but she hates hugs!

While at a family reunion, Hattie wants to play horseshoes with Uncle Jake and Aunt Celia, but her boisterous relatives keep hugging her. Hattie's stomach squirms uncomfortably when she's hugged, but dodging and hiding from the open arms isn't working. Great-Grandma is the only relative who understands how Hattie feels. With Great-Grandma's help, Hattie learns to use simple but clear body language with verbal reinforcement to set boundaries around her personal space and to assert her right to consent to physical touch. And she even wins a game of horseshoes!

This picture book will teach huggers and non-huggers alike the importance of respecting people's personal boundaries and provides an example of how to advocate for yourself with confidence.

978-1-5064-8020-6 | Picture Book 8.5 x 10 | 32 pages | Ages 4 to 8 | \$17.99

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Sarah Hovorka is a member of the Society of Children's Book Writers and Illustrators and the California Writers Club and is pursuing a professional certificate in creative writing. Sarah lives with her three sons and her husband in California.

